

pie events policy and procedures during Coronavirus

One Day Guided Rides

In response to the health concerns surrounding Covid-19, we want to reassure our clients we are doing everything in our power to protect the safety of their cyclists, our staff and suppliers.

We will therefore be implementing the following measures on our guided rides in accordance with good practice, Government guidance and common sense. These measures will be reviewed on a regular basis and will form part of the Risk Assessment of individual events. These measures apply to all clients, cyclists, staff, suppliers and anybody else who may be involved in our events (e.g. office admin / friends and family attending the event).

General Principles of the Policy

- Take care not to expose anyone to unnecessary risk
- Be considerate to others
- Event documentation will be sent out electronically in advance of the ride
- Adhere to the guidelines (*wash hands thoroughly and regularly/use sanitisers, stay 2m apart and avoid touching your face, wear a mask*)

Registration / start area

- When queuing (for example to collect luggage tags, bike tags, cycle jerseys or water bottles), please keep to the 2m social distancing rules
- Event briefings will be conducted outside with enough space for social distancing
- Group start times will be staggered to avoid congestion
- Staff at registration (if there is one) will wear face coverings and gloves

Group riding

- Follow instructions given by your guide
- Do not ride off the front unless instructed it is safe to do so
- Where possible, remain in the same cycling group throughout the ride thereby limiting your interaction with others
- As per our normal standards, we will have a maximum of 10-12 cyclists to 1 guide
- Increase the gap between yourself and the cyclist in front of you. If possible, stay out of the slipstream of the cyclist in front – this may mean staggered riding, especially when overtaking.
- Always observe social distancing guidance when overtaking or when stopped.
- When stopped, avoid standing face to face with other cyclists. It is best to stand side-by-side or back to back
- If pulling over, stop and step away from other path users to maintain social distance
- When passing pedestrians and members of the general public maintain social distance.
- Be considerate towards others and adjust your speed appropriately. This includes keeping an eye out behind you for faster cyclists wishing to overtake and ahead of you for slower cyclists and adjusting your speed appropriately
- Greet other cyclists without shaking hands or hugging – a friendly wave will suffice
- Clean your hands and your own bike and accessories before and after cycling
- Shower immediately once you arrive home
- Ensure you carry your own spare inner tubes, pump, multi-tool, and know how to use them



- Cyclists are advised to bring their own face coverings / masks and gloves to wear when not cycling, and carry small hand sanitiser containers for frequent application
- Ensure your bike is in an appropriate condition for the ride ahead. We advise you to have it serviced before the event

Refreshment Stops / Food, instructions to cyclists:

- Wash your hands (or use hand sanitiser) before handling or eating food
- Unless actually eating or drinking we recommend the wearing of face masks or face coverings
- Adhere to the social distancing rule at all times
- Where possible we will operate a one-way system at refreshment stops to avoid congestion
- Where possible eat your food outside in the fresh air
- All refreshment stops will be self-service. Where necessary, our staff or volunteers may serve some food items / prepare food items. If so, they will wear face coverings and gloves
- Dry food stuffs will be served in individual wrappers
- Fresh foods i.e. items with a short shelf life such as fruit will be peelable
- Place all rubbish in the bins provided
- If seating is provided, it will be set so people eat side by side or back to back. Tables and chairs will be set out with 2m between them. We ask that you respect this placement by leaving them as placed.
- All serving utensils, tables, chairs, etc will be cleaned before and after use

Washing facilities

- Washing facilities / hand sanitiser will be available for cyclists to wash their hands at stops. However, for extra precaution, we recommend that cyclists bring their own hand sanitiser with them

Measures for pie event staff

In addition to the measures above:

- Where possible, staff will be allocated roles that they can complete on their own
- If help is required, we will aim to limit this to the same group of helpers. i.e. we will form pie "teams" with specific roles. pie staff will be encouraged to work only in these specific teams
- If accommodation is required, then pie staff will share with the same person each night, assuming single rooms are not possible
- Hand washing facilities / hand sanitiser will be available for all staff and they will also be encouraged to carry their own
- Staff briefings will be kept as short as possible, ideally taking place outside
- Event documentation will be sent out electronically in advance of the ride, and pie staff will be given their own event folders on the ride (i.e. no need to share folders)
- All staff will be asked to bring and wear their own masks. Gloves will be provided by pie

